



**Heather Maclachlan**

Co-Owner, Co-founder and Director of Catering  
Mackay Street Epicuria  
419 MacKay Street  
613-745-7356  
[heather@epicuria.ca](mailto:heather@epicuria.ca)

Heather Maclachlan is the Co-owner, Co-founder and Director of Catering at Mackay Street Epicuria. She is entering her 19th year in the business. Trained as a chef and armed with an entrepreneurial spirit Heather came to create and develop Epicuria into one of Ottawa's premiere Take-Away Food Shops and Catering Businesses.

Epicuria has been a leader in raising client expectations in the delivery of catered events. Epicuria excels at providing innovative event management, menus and complete catering services to many private, government and corporate clients in the Ottawa region. From business lunches and conferences to elaborate weddings, dinners and cocktail receptions Epicuria is recognized by many clients as original in service and creative excellence.

Heather has the Grand Diploma from the Cordon Bleu Cooking School in London, a BA from York University, and has successfully completed the Management Development Program for Women at Carleton University's Sprott School of Business. She has actively pursued her passion for food through teaching and media participation.

Volunteer work is essential in her life. She is Past President of the Women's Business Network. As well, Heather is involved in a major fund raising campaign for L'Arche Ottawa, a long term supportive living community for adults with developmental delay. Her commitment comes from having an adult daughter with special needs. As well, she and her husband Simon have 3 other children in different stages of adult life. Heather relaxes over good wine and the opportunity to create great meals using Ottawa's seasonal offerings.